



## Protection against the corona virus

## Information for returns and travelers

As of July 7th, 2020



## Distance and hygiene measures continue to apply in Germany:

- Keep at least 1.50 meters distance.
- Wear mouth and nose protection.
- Comply with the hygiene rules:
  - wash hands often and thoroughly
  - do not shake hands with other people
  - cough and sneeze in the crook of the arm
- Meet with only a few people. Keep the distance. If possible, meet outside.



## How do I deal with symptoms?

Should you experience symptoms of illness such as cough, fever or shortness of breath, you should always contact your family doctor's office by phone. Call, don't go.

Outside of office hours, the emergency medical service can be reached by telephone on the central number 116117.

The doctors tell you what to do. They then clarify whether an infection with the novel coronavirus is likely and initiate further diagnosis and treatment if there is reasonable suspicion.

In emergency case call 112.



## What to do after the trip?

### The following restrictions apply to entering Germany:

- People from risk areas must go home immediately or in another quarantine. You have to stay there for 14 days.
- People from risk areas must report immediately when they come to Germany. You have to report to your health department and say that you have entered Germany. The health department controls and informs. (Contact details see backside)

Here is a list of the current risk areas: [www.rki.de/covid-19-risikogebiete](http://www.rki.de/covid-19-risikogebiete)



### Concerns for employees

Remember: if you come back from a risk area (domestic or foreign) you have to be in quarantine for 14 days. In this case, you may not get a wage. You are not automatically entitled to continued wages.

You may need to take vacation or overtime for quarantine. Or unpaid vacation.  
Or you may have to work from home (home office). Ask your employer.



## Health department Gießen

### Corona-Hotline:

Phone: 0641 9390-3560

Monday to Thursday: 8am - 4pm  
Friday: 8am - 2pm  
Saturday: 11am - 3pm

E-Mail: [hygiene@lkgi.de](mailto:hygiene@lkgi.de)

Call us or write to us.  
We speak different languages.

We can often organize a call back in your language!



### Impressum

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